



SHAMANIC WARRIOR TRAINING

JANUARY 15-16, 2011

Learn traditional shamanic journey-work; Take the warrior rite of passage;

Participate in a warrior's council

Part of the URBAN SHAMAN series

The Shamanic Journey-The Shamanic Journey is a way of finding answers, information, healing, wisdom and knowledge as well as guidance or help with one's personal life. During the Journey the individual meets with spirits who may be regarded as ancestors, elders, gods, goddesses, deceased shamans, spirit guides, power animals and angels. These beings are seen as beings with great wisdom, power and the ones who are willing to help with guiding the living. Learn how to access these realms safely; find your animal totem, lost totems, and learn "the boat: group shamanic healing by using the drum as your vehicle to the upper and lower worlds.

Warrior Rite of Passage- Ancient cultures had traditions which initiated the young participant as a warrior. Imagine turning fear into a fuel that feeds your passion and drive and helps you break out of your rut! It is the risks that we don't take that we often regret the most! Imagine facing your fears with courage in one incredible evening, and by doing so, dramatically improving your results immediately! Ceremony is taking a real, wood shaft arrow and breaking that arrow by placing the end at your neck. It's an incredible opportunity to challenge and change limiting beliefs and fears and to create some very powerful and resourceful emotional states within yourself, so that you can consistently access these kind of states when you need them. You will experience what it feels like to get yourself to take action in spite of your fears, to be so totally focused, centered and strong that you are unstoppable. Training is designed to do much more than prepare you to break arrows, it's more a preparation for all the potential or symbolic challenges that you will face throughout your life.

Warrior's Council- By use of the "Talking Circle" at the end of the seminar you will have a chance to participate in an ancient ritual and experience what it's like to use what you have learned in a very dramatic way instead of just intellectualizing it.

Saturday, January 15, 2011; 9 am - 6 pm; January 16, 2011 10am-12n. Workshop to be held at Rhode Island Fitness and Martial Arts, 345 Waterman Ave, Smithfield, RI 02917 401-349-5899

Instructed by: Rick Wilmott, master martial artists and holder of several black belt styles; master healer and shamanic practitioner.

Chris Bashaw, shamanic practitioner, Buddhist priest, healing arts practitioner; martial artists and holder of several black belt styles.

Cost: \$75.00 per individual if pre-paid by January 7, 2011. \$100.00 per person after 1/7/2011. Non-refundable. Meals on your own. Wear loose comfortable clothing, bring a pillow, blanket, bandana, journal and writing implement.

Shamanic Warrior Training Workshop Registration Form – Please copy this form as necessary. Make checks payable to: **Rick Wilmott. Mail to R Wilmott, 188 Alabama Ave, Providence, RI 02905 Non-refundable.**

Name _____ E-mail _____

Address _____ City _____

State _____ Zip _____ Phone (day) _____ (eve) _____

Reg. by 1/7/11 \$75
Reg. after 1/7/11 \$100

I hereby release Rick Wilmott, Chris Bashaw, RIFMA, and all of their agents or employees from any and all injuries, accidents, and/or losses that may occur as a result of my participation at the above event. Furthermore, I waive any compensation whatsoever for the future use of pictures, movies, media coverage, etc. utilized by those associated with this event at any time.

SIGNATURE _____ DATE _____ FEE INCLUDED \$ _____

